

# NEBOSH International General Certificate in Occupational Health and Safety

The **NEBOSH International General Certificate** course offers a foundational overview of health and safety principles, ideal for all career stages and for those moving into management. It imparts critical knowledge in basic health and safety and covers core management principles and workplace risk types.

**No Entry Requirements Needed!**



## Course structure

NG/IG: Management of health and safety	Tuition Hours	Self study hours	Assessment
<b>Element 1:</b> Why we should manage workplace health and safety	6		Online open book exam
<b>Element 2:</b> How health and safety management systems work and what they look like	2	20	
<b>Element 3:</b> Managing risk – understanding people and processes	14		
<b>Element 4:</b> Health and safety monitoring and measuring	7		
<b>Element 5:</b> Physical and psychological health	7		Practical risk assessment
<b>Element 6:</b> Musculoskeletal health	6		
<b>Element 7:</b> Chemical and biological agents	6	20	
<b>Element 8:</b> General workplace issues	10		
<b>Element 9:</b> Work equipment	5		
<b>Element 10:</b> Fire	3		
<b>Element 11:</b> Electricity	2		

## What will you learn?

- Advocate for health and safety enhancements.
- Counsel on health and safety legal responsibilities.
- Manage contractor health and safety.
- Function within health and safety management systems.
- Influence positive health and safety culture and behaviors.
- Conduct workplace risk assessments.
- Address and minimize impacts of workplace changes.
- Implement emergency and permit-to-work safety systems.
- Engage in workplace incident investigations.
- Assess the performance of health and safety management systems.

Training material delivered by our business partner Astutis LP807

